

RELENTLESS TATTOO

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BODY PIERCING GENERAL AFTERCARE INSTRUCTIONS

OUR PROFESSIONAL PIERCERS ARE TRAINED IN ANATOMY, JEWELRY PLACEMENT AND STATE MANDATED STERILIZATION TECHNIQUES. GETTING YOUR PIERCING DONE PROFESSIONALLY AT OUR STUDIO GIVES YOU THE BEST CHANCE OF HAVING A SUCCESSFUL EXPERIENCE!!

A piercing is healed by your body, not by cleaning agents. Aftercare simply helps your body be in the optimum state for healing. All pierced areas should be clean and free of contaminants. An ANTIBACTERIAL SOAP is a good starting point for the cleaning of most (not all) piercings. Be sure that your regular soap does not contain any fragrances, moisturizers or deodorants. These can irritate the area. In addition to keeping the area clean, you should eat well, drink a lot of water, take your vitamins and be well rested. These things will all help your body heal. Saltwater soaks can be used, but generally recommended for piercings for swelling and/or pain.

FACIAL PIERCINGS

Facial piercings are best cleaned with Antibacterial soap once a day. Any crusty formation around the piercing and on the jewelry should be first softened and removed with a cotton swab dipped in warm water or warm salt water. Apply and rotate the cleaning agent through the piercing. Allow the piercing to soak for one or two minutes before rinsing with warm water. Avoid heavy lotions, make-up, foundations or powders during the healing process. Cover piercing with hand or tissue when using hair spray. General healing times are: Ear lobe- 4 weeks: Eyebrow- 4-8 weeks: Nostril/Septum- 6-12 weeks: Ear cartilage- 8-12 weeks.

MOUTH RELATED PIERCINGS

Tongue- use a 50/50 solution of antiseptic mouthwash and water for at least 15 seconds after putting anything in your mouth other than water (including cigarettes). Avoid giving oral sex (receiving is fine) and wet kissing during the initial healing period. Try to avoid alcohol, spicy foods and dairy, try to do everything slowly (ie. Eat small bites slowly and speak slowly at first). Do not use straws for at least two weeks. General healing time: 1 week for your tongue to become "mostly functional" again, and 4-6 weeks for total healing. Lip Labret and Monroe should be cleaned on the inside as described for tongue piercings and on the outside as described for facial piercings. Occasional warm salt water rinses can be used. General healing time: 6-8 weeks.

TORSO/GENTAL PIERCINGS

Gently wash piercing and surrounding area with antibacterial soap. Any crusty formation around the piercing and on the jewelry should be first softened and removed. Rotate jewelry. Rinse off soap, and rotate jewelry again; making sure all soap residue is gone. If piercing is slightly irritated, soak it with a solution of saline and sea salt (NOT TABLE SALT) and allow it to soak for ten to twenty minutes. Always rinse off all cleaning agents after cleaning your piercing. Warm-salt-water-soaks remove crusty deposits and secretions during healing. However, the cleaning products may irritate the urethra in both men and women. For piercings that pass through the urethra (Prince Albert, Apadravya, Ampallang) drink a lot of water and urinate often, especially after cleaning, to flush out any residue in the urethral opening. Your urine is sterile to your body. Women should take care not to let any cleaning agent enter the vagina, as yeast infections may result from the depletion of bacteria. Genital piercings should be cleaned after intercourse as well. Use of a condom is necessary during the healing period and oral contact should be avoided. Also, certain lubricants and spermicidal may irritate piercings. General healing times are: Nipple: Men- 2-3 months, Women- 3-4 months; Navel- 3-9 months; Prince Albert, Hood, Inner Labia, Outer Labia 6-8 weeks; Ampallang 6-12 months; Frenum, Scrotum 2-3 months; Dydoe, Apadravya 4-6 months.

INFORMATION ON CLEANING AGENTS

STRONG ANTISEPTICS

BETADINE may discolor gold or plastic jewelry. Strong antiseptics need only be used in the case of infection and are NOT GENERALLY required. ALCOHOL, HYDROGEN PEROXIDE, AND OTHER HARSH ANTISEPTICS IRRITATE THE AREA AND KILL WHITE BLOOD CELLS AND ARE NEVER RECOMMENDED.

MILD ANTISEPTICS

SALT WATER SOAK- good for loosening up crusty formation. SEA SALT is best; DO NOT use table salt.

BACTINE- Bactine is an appropriate cleaning agent for infected piercings only.

ANTIBACTERIAL SOAPS

DILUTE SOAP 50% with bottled water, shake and apply as a liquid. FRAGRANCE-FREE and COLOR-FREE are best.

PROVON SOAP- gentle on the skin

ANTIBACTERIAL DIAL- not for sensitive skin

LEVER 2000- This is the best type of cleaning agent to start with. For most piercings it is enough to keep it clean and bacteria free and allow the body to do its healing unassisted.

MOUTH-RELATED CLEANING AGENTS

GLY-OXIDE, PEROXYL- Used by oral surgeons and dentist to enhance healing, these rinses should be used only in the case of mild infection.

MOUTHWASH- There are many suitable brands of mouthwash, but it is important to choose an antiseptic one that DOES NOT CONTAIN ALCOHOL.

ZINC SUPPLEMENTS- Are not generally recommended.

PAIN AND SWELLING

We recommend IBUPROFEN (a non-steroidal anti-inflammatory drug). There are many brand names such as: MOTRIN, ADVIL, ect. However, as with any medication you should not use this product if you have had allergic reactions in the past to IBUPROFEN or ASPIRIN containing products. As with any medication, follow the directions on the product label. ICE may also be used to control swelling and minor pain. DO NOT ice that is unclean, as this may contaminate your piercing.

UNUSUAL LUMPS

On rare occasions lumps can develop behind piercings. PLEASE NOTE: A hard tissue which forms around the piercing with a small lump behind it is normal and may disappear in time. However, they can become benign cysts or develop into severe infections. Contact a physician if a lump appears and becomes painful or does not go away in a short period of time.